



Tranquility Psychiatry and Counseling Services Controlled Substance Policy

Medical staff at Tranquility prescribe controlled substances very conservatively. Our goal is to avoid using controlled substances whenever possible, but we understand that some controlled substances do have a place in the treatment of psychiatric disorders.

The Ohio Automated Rx Reporting System (OARRS) is a tool used to track the dispensing of controlled substances to patients. By law, prescribers are required to make periodic requests for patient information from OARRS. At Tranquility, an OARRS report is typically checked at every appointment where a controlled substance is prescribed.

We understand that there are both planned and unplanned situations where a controlled substance may be necessary, such as an emergency injury, after surgery, or after dental work. In this scenario, our prescribers are understanding and rarely concerned. Concerns arise when a patient is receiving ongoing prescriptions for different controlled substances from different prescribers and/or filling different controlled substances at different pharmacies.

By signing below, you are indicating agreement with the following statements:

If the patient is prescribed a controlled substance for an emergency or surgical reason the patient or parent/guardian will alert the prescriber at the next scheduled appointment.

If the patient is started on a controlled substance and instructed to take it daily for more than several weeks, the patient or parent/guardian will contact the office to alert the prescriber as soon as possible. This includes any new prescription for medical marijuana. This may cause the prescriber to re-evaluate the current treatment plan.

Controlled substances are potentially habit forming and the concurrent use of any other drug (including marijuana) or alcohol may preclude the patient's ability to obtain or remain on a controlled substance at Tranquility.

The prescriber has the right to order a urine drug screen for the patient for either routine monitoring or suspicion of concurrent substance use. This drug screen would need to be completed within 24 hours to ensure accuracy.

Excessive missed appointments (late cancellations or no shows) or requests for early fills make it difficult for a prescriber to provide consistent care and may prevent the prescriber being able to follow state regulations surrounding controlled substances.

While state laws currently do not require in person visits for controlled substances due to the COVID-19 pandemic, pre-pandemic regulations may go back into effect making necessary for in person appointments on an annual basis.

Failure to follow this policy can result in immediate dismissal from the practice.

Signature of Patient or Representative: _____

Printed Name of Person Signing Form: _____

Relationship to Patient (N/A if patient >18): Parent Legal Guardian Other: _____

Date : _____